



Claggett Camps 2024 Camper and Family Handbook

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Dear campers and families,

On behalf of the entire Claggett staff, I am so excited to welcome you to camp! Whether you're a first-time camp family or fifteenth, summer camp provides an opportunity for young people to experience life in Christian community, building independence and friendships in a safe and loving environment.

In order to have the best experience, campers and parents/guardians are asked to read and review the following information on policies, packing, and what to expect at your camp session. Especially for first-time campers, **knowing what to expect will help set campers, their families, and camp staff up for a successful week.** And while we love our traditions at camp, some things do change each year--so returning campers and families should read thoroughly, too!

If you have any questions or concerns before or during your camp session, please don't hesitate to contact me. Registrar Rebecca Benai and I will be in touch throughout the year with updates to this basic information as we continue preparations for a great summer.

You will notice that this document (11/23 edit) does not contain information regarding COVID-19 policy. At this time, it is too early for us to definitively know what restrictions, policies, or practices will be in place. We will keep all families updated throughout 2023 as we continue to learn and plan. As in 2023, our staff stays updated on best practices through the CDC, local health department, American Camping Association, and colleagues in Episcopal camping nationwide.

If you have questions or concerns before or during camp, you can reach me at ralger@claggettcenter.org or (301)-874-5147 ext. 1832. During camp sessions, this number can reach me directly 24 hours a day.

God's peace,



Rosie Alger (they/she)
Programs/Camp Director



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Inclusion Statement

We believe that summer camp has the power to change lives, through even one week in a community that loves and supports one another unconditionally. Further, we believe that these life-changing camp experiences are for campers and staff members of every race, socioeconomic status, sexual orientation, gender identity, and background. We believe that every person is created in the image of God, exactly as they are, with experiences and perspectives that are precious to God.

As an Episcopal ministry, rooted in the Baptismal Covenant, we strive to:

- **Continue in the apostles’ teaching and fellowship; in the breaking of bread, and in the prayers.** The simple acts of daily life together: prayer, meals, rest, and play, bring us into closer relationship and community.
- **Seek and serve Christ in all people, loving our neighbors as ourselves.** Our staff seeks to listen to others’ stories, consider their perspectives, and learn to treat people how *they* would like to be treated according to their needs and abilities. This is the mindset we invite campers into as they navigate daily life in community.
- **Strive for justice and peace among all people, respecting the dignity of every human being by:**
 - Removing as many barriers to participation due to socioeconomic status as we can through:
 - Scholarship and tiered pricing systems
 - Assistance with acquiring necessary items for camp with discretion and without judgment
 - Making camp a safer place for people of color by:
 - Examining and changing practices and systems at camp that were designed with whiteness as the “default”
 - Making camp a safer place for LGBTQ+ campers by:
 - Allowing each person to define themselves. Using the name and pronouns campers ask to be called by, and respecting information that each person chooses to share or not share about their identity.
 - Examining and changing practices and systems that operate on the assumption of binary gender and heterosexuality
 - Supporting transgender and gender-expansive campers’ right to use the lodging spaces and bathrooms that are appropriate for them.

Finally, **whenever we fall [short], we repent and return.** If you have questions, concerns, or suggestions as to how we can better live up to these ideals at Claggett, we invite your conversation with camp leadership.

Logistics



Session Dates and Structure

Sassafras Seniors Week: June 16-21 (gr. 8-12)

Mulberry Middle Week: June 23-28 (gr. 5-8)

Family Camp: June 30- July 3 (For families of all ages, shapes, and sizes!)

Juneberry Juniors Week: July 7-12 (gr. 2-6)

Adventure Camp: July 14-19 (gr. 4-8, special focus on outdoor skills and activities)

Camp Spirit Song: July 28-Aug 2 (youth gr. 4-8 impacted by a family member's opioid substance abuse)

You may have noticed that the names and age ranges of our main season of sessions have shifted this year! We are extending the age ranges of our 3 main sessions of general camp to purposefully include overlap on either end of the spectrum. There are a few key reasons for this:

1. Having multiple weeks where your camper is eligible to attend helps ensure less campers miss out because of a scheduling conflict! More siblings can attend camp together, and returning campers are less likely to miss out because of a family vacation, sports practice, or other camp they would like to attend.
2. Campers on age range edges (5th and 6th grade, 8th grade) tend to be in a wide range of places in their developmental growth. While there are some older elementary kids who are ready for the complex social dynamics of middle school, for example, there are also some 6th graders who would really love to have a little more time to spend in the adventurous and imaginative world of a younger week of camp. Providing this overlap in sessions allows you as a family to choose the session that is right for your family and your camper.

If you have any questions about scheduling or this new structure, please contact the camp director at ralger@claggettcenter.org.

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Arrival and Registration

To ensure a smooth check-in process, please be sure that all forms are completed in your Campwise portal before arrival.

Camp check-in begins in the Pavilion at 4 p.m. on the day camp begins. For MOST sessions, this is a Sunday afternoon. We cannot accommodate early arrivals. Campers and parents/guardians will be called in order of arrival for the following:

- Health screening and medication drop-off with the Camp Nurse
- Verifying contact information, paperwork, and payment with the Camp Director
- Receiving dorm assignments and directions

Counselors will help you find your assigned dorm--families are encouraged to meet staff and help campers settle into their bunks.

Saying Goodbye: After campers set up their bunk, counselors will help campers make their mailboxes and begin games and activities as others arrive. **Families are asked to say their goodbyes after campers have settled into their dorms.** This moment is often as difficult, or more difficult, for families as for campers! **You can set your camper up for a positive experience with a short, clear, and loving goodbye:** give hugs, remind your camper that you love them and are excited for them to have a great time at camp, and send them to their welcome activities with counselors! We don't encourage slipping away while a child is distracted, or lingering as they begin activities with other campers.

Pick-up

Each camp ends at **4:00 pm on the last day of the session (for most camps, this is Friday)**. A closing program starts promptly at 4:00 in the chapel or pavilion, which families are encouraged to attend. Camp staff will direct you to the location of closing. The program includes music, staff introductions, and a slideshow presentation of the week, and lasts 20-30 minutes.

After the closing, be sure to:

- Check the lost and found for familiar items
- Check the unclaimed Arts and Crafts display for any masterpieces
- Pick up and sign out any medications with the Camp Nurse
- Sign out your camper with the Camp Director and Assistant Director

After completing all of these, you and your camper can pick up luggage from the first floor of Powell Hall and say goodbye to camp friends and staff!

Campers will only be released to adults designated on their registration paperwork as permitted to pick up. If there is a need to change this information (either to add or remove permissions for pick up), please contact the Claggett office by phone as soon as you are aware.

Communication:

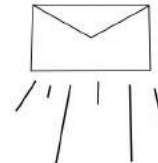
In a world of instant communication and endless content, camp is an increasingly rare space in which the pace is slower and we're called into a different way of interacting with people and space around us. We truly believe this is a powerful and important opportunity for young people, which builds independence, resilience, confidence, and can decrease stress and anxiety related to technology dependence.

Still, for digital natives, (and their parents and guardians!) relying on communication outside of cell phones can be a big step. Remember that a week without cell phone contact does not mean a week without communication!

Mail: First, we encourage campers, parents, and friends to keep in touch with snail mail! **Plan ahead to communicate via mail. Your camper will love receiving a note from you that they can hold in their hand, and their letters home can be treasured for years to come!** You can send mail via USPS, or you can write notes ahead of time and leave them with the Camp Director at check-in to be delivered during the week.

Mail can be addressed as follows:

Camper Name % Claggett Center
3035 Buckeystown Pike
Adamstown, Maryland, 21710



Parents may also email CamperMail@Claggettcenter.org to send an email message to youth. Emails will be printed daily and delivered to campers. **Please note that campers do not have computer access and cannot respond by email, and that messages will be printed in black and white.**

We encourage campers to write letters home during downtime, and especially if they are experiencing homesickness. To help, you can send stamped envelopes and make sure your camper knows your address (or write it down for them on paper or the envelopes themselves!).

Care packages: If you choose to send a care package, please consider that it will be opened around other campers and supervised by staff. Do not send food, including candy and gum, or any other prohibited items.

Communicating About Your Child

Camp is both a fun time and a growing experience for campers, and Claggett staff see ourselves as partners with camper families to help your child get the most out of camp. If you have a concern about your camper, you can call or email the Camp Director. Claggett Camps are relatively small, with a maximum of 75 campers, and a high staff-to-camper ratio. The Camp Director, Assistant Director, and all counselors are able to get to know each camper by name, and we will be happy to check in with you.

You can expect a call or email from the Camp Director if they, or your child's counselor, has a concern about your child's camp experience, (such as persistent homesickness, trouble adjusting, major conflict or bullying, or other distress) and sometimes to celebrate a major success (like working through a conflict or challenging themselves to try something new). If we think a camper may need support in processing something difficult from camp, or that they accomplished something you may want to celebrate with them, we want you to know!



Health and Safety



Please do not bring your camper to Claggett if they have had any of the following symptoms in the past 24 hours. Contact us to arrange for a late arrival in the event of: fever, rash, shortness of breath, vomiting, or diarrhea.

Medication

All medication is kept and administered by the health care provider for the week. All medications (prescription [Rx] and non-prescription [OTC]) MUST be in original containers, labeled with camper's name and dosage instructions. Campers may not keep any medication, prescription or OTC, including vitamins, with their personal belongings in Powell Hall.

ALL PRESCRIPTION MEDICATIONS MUST BE ACCOMPANIED BY A MEDICATION AUTHORIZATION FORM, SIGNED BY THE PRESCRIBING PHYSICIAN. Additionally, any OTC meds not included on the standard Claggett health form must be brought with a signed authorization form. A separate form is needed for each medication. By law, we cannot administer any medication without this completed form, or in a way that differs from directions given by the prescribing physician.

We strongly encourage you to submit Medical Authorization forms on your Campwise portal before camp begins. You can find these on the main page of your portal, under **Forms-->Downloads tab. To submit a form, use the Forms-->Uploads tab.**

Over-the Counter Medications and Vitamins: On your camper's medical form, there is a checklist of over-the-counter medications that are kept stocked at Claggett, which you may designate permission for the nurse to administer to your camper. This permission applies **only** to our supply of medications, and does not give permission for campers to bring these medications with them or to self-administer. If your camper regularly takes an over-the-counter medication that is not listed, **or daily vitamins**, you can bring it to camp **with a completed medication authorization form** for the nurse to administer.

Emergency medications, such as epipens or rescue inhalers, are kept in the nurse's cottage during regular camp operations. Anytime a group goes off campus or to the upper or lower farm areas, a senior counselor will obtain the emergency medications for their campers from the nurse and carry them with the group. Additional signatures are required for a camper to self-carry emergency medications; please contact the office to discuss further. Self-carry is **only** permitted by state law for emergency medications.

Medical Staff, Treatment, and Infirmary

***For information about COVID-19 and our communicable disease plan, please consult the COVID Plan and Policies Document.*

The Camp Nurse resides and provides treatment in Shalom Cottage, which serves as our medical center. A Registered Nurse, Licensed Practicing Nurse, or Certified Medication Administrator is on staff at each session, and all senior counselors have been First Aid and CPR certified. A doctor approves the medical team's standing orders and is on call to advise our medical staff. The Camp Nurse distributes medications at meals, bedtime, and otherwise as designated.

Emergencies and Communication: In the event of a medical emergency, the designated parent/guardian/emergency contact will be reached as soon as a call can safely be made (emergency services will be called first, if applicable). The nearest emergency room to the Claggett Center is at Frederick Health Hospital, about 9 miles from Claggett. For nonemergencies, campers may be transported to one of several local urgent care centers.

The Camp Nurse will contact you if your camper has an injury or illness that prohibits them from participating in activities for more than half a day, if it is determined that they need medical attention beyond the scope of the nurse's care (emergency or nonemergency), if their illness, injury, or emotional state presents concerns for them to have a positive camp experience, or if we have any questions whatsoever about their health.

Mental and Behavioral Health

Claggett strives to be a place where every person is taken care of according to their needs, and we know that every child's needs are different. Nationwide and especially since the COVID-19 pandemic began, we've seen a rise in young peoples' mental health diagnoses and concerns, especially relating to anxiety, depression, sleep and eating disorders. **The more we know about your camper, their needs, and especially strategies that help them cope with anxiety, depression, sensory processing issues, or other mental distress, the better our staff can support them.** Diagnostic information is confidential and accessible only to the Camp Nurse, registrar, and Camp Director, who may share only what is necessary to help campers be safe and well with each campers' small group leaders only.

Similarly, if you know of any special situations that may affect your child's experience at camp, such as recent death, divorce, moving, social or behavioral difficulties, we invite you to contact us to discuss your child's needs in advance of the session.

Please contact the Camp Director if you have questions, concerns, or information that you would like staff to know about your camper's mental or behavioral health, especially if you would feel more comfortable discussing them verbally rather than in writing.

A note about stimulants and other medications: More and more, medications for ADD/ADHD, depression, and other psychological conditions allow children to take full advantage of all that a school environment has to offer. While camp is different from school in many ways, there are also similarities regarding routines, attention, and socialization. Some physicians are not aware of these similarities and may take a child off medication without understanding the full implications. *If your child is on psychotropic medication and you plan to make changes to their medication/s at any time within six weeks of camp, please be sure to discuss with their doctor.* We are happy to speak with you or your doctor to answer questions about what camp might be like for your camper, so that you can make the best informed decision regarding medication.

Food

Three delicious and nutritious meals are served daily family style, as well as an afternoon snack. Staff will help campers choose food that will keep them healthy and strong for the activities at camp! There are a variety of foods available at each meal.

We are able to accommodate most dietary restrictions, including vegetarian, gluten-free, and most common allergens. **If your child has a food restriction and you would like to discuss further, please contact the camp director before the start of their camp session.** Participants may NOT bring food from home unless special arrangements are made with the Claggett Office; any allergen-safe food for individual campers will be kept in the kitchen. **Food in dorm spaces attracts pests like mice and insects. Any food items found in participant's luggage or dorm space will be confiscated.**



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What to Expect at Camp



Staff

Camp is led by an intergenerational team of counselors, hand-picked for their kindness, leadership, and passion for working with children and youth. The counselor team is anchored by **senior counselors**: young adults at least one year out of high school, who are employed for the duration of the summer. Senior staff receive extensive training including First Aid/CPR, safety in all camp activities, child development, group leadership, and more. At least one senior counselor is present with every camper group during every activity.

Staff also includes **assistant counselors**, who are former senior staff or recently graduated junior staff who are looking for an additional level of responsibility and leadership but are not able to attend for the entire summer season. These counselors are 18+ and receive training on safety, skills based activities, and more. They work with the senior staff to lead camp activities and coordinate with the volunteer staff, but are only at camp for one or 2 sessions, rather than being a part of the summer- long team.

The staff team is rounded out each week by a **nurse, chaplains**, and volunteers: high school-aged **junior counselors**, who are older Claggett campers looking to grow their leadership skills and give back the positive camp experience they've had, and **adult**

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volunteers, who have varied backgrounds and connections to Claggett. Some adult volunteers are former campers or counselors, parents of campers, teachers, or have a special interest or skill to share. All adult volunteers are background-checked. Our program will also have a Mental Health Advisor, who is a qualified mental health professional and will be providing supportive resources to campers and staff alike throughout the summer.

Our counselors specialize in creating an environment that is physically, emotionally, and spiritually safe, where all campers are welcomed and invited to participate through “challenge by choice.” If you have questions about our staff, or how to become a staff member, contact the camp director.

Dorms and Lodging

For most camp sessions, lodging is dormitory-style in Powell Hall (see page 21 for information about Adventure Camp lodging). Powell Hall is a historic school building--the “new” sections date to the early 1900s! This setting makes Claggett unique and has been the beloved home base of campers since 1952. Because the building is historic, dormitory sizes are not uniform and vary from 7-15 campers.

Where do counselors sleep?

Counselor dorms are located adjacent to camper dorms. Per standards for abuse prevention in the Episcopal Church, Claggett counselors do not sleep in camper dorms. Counselor dorms are adjacent and often adjoining camper dorms, or located in the hallways leading to camper dorms. Except when children are actively changing, counselors are physically present during all unstructured dorm time, and dorms have an open-door policy.

A favorite Claggett tradition is counselor-read bedtime stories (sometimes they’re exciting! Sometimes they’re veeeery boring! Sometimes they’re in another language! Sometimes they’re the instruction manual for an appliance!). Counselors read and stay present in camper dorms for an extended period of time after lights out to ensure that campers are safe and well. On the first night of camp, counselors will show campers how to locate each counselor dorm in case of emergency during the night.

Is there a gender-neutral dormitory?

In 2022, Claggett launched a gender inclusive dorm, the first program of its kind in the state of Maryland. This option is offered in addition to the same-gender housing we have traditionally used. Campers of all gender identities and expressions can opt-in to gender inclusive housing, allowing each camper to stay in a dorm that feels safe and comfortable for them. Gender-inclusive housing creates room for gender non-conforming campers and their allies to fully represent themselves, furthering our mission to be a camp where

everyone is seen and treated as a beloved child of God. If you have further questions, you can download the full FAQ sheet on your registration portal.

A Note on Roommate Requests

As you complete your registration paperwork, please note that there is a section where you may request a roommate pairing for your camper. **We will honor one pairing per camper.** Any larger groups of campers that request to stay together in the same dorm will be split up. Camp is a unique opportunity to meet new and different people, build relationships across typical social divides, and experience life in a community that may be a little different from the one you live in at home. While it is understandable to want your camper to have a familiar touchpoint, we encourage you to get your camper excited about the possibilities that arise out of embracing a new experience. Daily activities generally do not take place by dorm group, so there are plenty of opportunities at camp to socialize outside of dorms!

Please note also that for the safest dorm experience, dorm assignments are generally grouped by developmental/ age ranges. For this reason we may not always be able to honor sibling roommate requests.

If you have any questions, please contact Rosie Alger at ralger@claggettcenter.org.



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Christian Formation

Summer Camps at Claggett are Christian formation ministries of the Episcopal Diocese of Maryland. Camp is grounded in Scripture and tradition, and encourages campers and staff to use their whole selves as ways to explore the Christian story. At least one chaplain is present for each camp to lead worship and support the community. Chaplains are either Episcopal clergy or qualified lay ministers.

Age-appropriate worship is led by our chaplains every morning and evening and includes music, prayer, and scripture. Worship is designed to be age-appropriate, creative, and inviting--campers might see a Bible story in a skit, or learn a new way to pray using art or movement.

Twice a day, campers gather in Small Groups--a safe place to reflect on the day, the world around them, and the Bible. Small Groups are led by counselors and like worship, are tailored to the age group of each camp, involving a range of activities and topics.

By living in Christian community, we are always trying to see and treat each other the way God sees us: loved, accepted, and celebrated, just the way we are. There is no church membership or religious background required to participate in camp. Campers and staff all participate in worship and Small Group together, and campers are invited to wonder and reflect through Christian story, tradition, and prayer. Each camp has a Eucharist (communion) service. Campers are invited to receive or not receive communion as they feel comfortable. We do not practice “altar calls” or place young people in situations where they are pressured to profess a particular belief.



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A Day in the Life

So what do we do all day at camp? Camp tradition says that the specifics of each day's schedule are "impossible to say," but most days follow a similar pattern--with lots of room for surprises! Here's a simple schedule to give you an idea. Bedtimes and meal times vary by age group.

- Wake up and breakfast
- Morning chapel and Small Group
- Morning Recreation
 - *Examples: Field games, Arts and Crafts, hike or "Creek Stomp," workshops or special projects...*
- Lunch
 - (some days, groups may take bagged lunches with them on a longer bike or canoe excursion)
- Dorm time
- Afternoon Recreation
 - *Examples: similar to morning rec, plus canoeing/kayaking or pool time*
- Dinner
- Small Group
- Evening activities
 - *Examples: Skit Night, special games, workshops, CAMPOUT!*
- Evening chapel
- Bedtime

Everyone has an opportunity to swim each day, unless severe weather prevents it. Each camp also spends a full day on the ropes course, which includes teambuilding and low ropes elements, a 300-foot zipline, and other adventure elements. Middle School camps and older have the opportunity for bike excursions.



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Homesickness

It's extremely common for campers of all ages to experience homesickness. Our staff are trained to respond with care, providing a listening ear to campers and helping them find ways to connect at camp. Homesickness can be an opportunity for campers to learn to experience their emotions, find coping strategies, and build resilience. **We encourage you to talk with your camper about homesickness before camp, especially if they are feeling nervous.** Your positive framing and encouragement has the biggest impact on your camper's outlook on their camp experience.

In the case of extreme and persistent homesickness, the Camp Director will call parents/guardians to keep them informed of the camper's well-being and determine appropriate steps forward. **In most cases, we do not permit phone calls home between a camper and parent. Please, do not promise that your child can call you or go home if they are not having a good time.** This creates a barrier to your child's full investment in the camp experience and all it has to offer.

Here are a few ways you can help your camper prepare for camp, especially if this is their first time away from home or if they are worried about being homesick.

- Pack a few **photos** of loved ones or a comforting item from home.
- **Send mail to your camper.** Tell them about day-to-day things happening at home that will reassure them that things are going well: what's for dinner, what you did that day. Remind them how excited you are to hear about camp.
- **Some tips to talk about homesickness before your camper's session:**
 - Ask what they're excited about at camp: (ziplining! swimming! new friends! arts and crafts!), and ask if there's anything they're nervous about. Help them plan strategies for when they feel sad or afraid: "It can be hard to be in a new place with new people. What's something you like that you could talk about to make a new friend?" or "When you feel sad because you miss me, hug the blanket from home/practice deep breaths/write a letter and remember that I love you very much!"
 - **Promote secure attachment** by showing confidence that your camper can miss loved ones and enjoy camp at the same time: "I'll miss you, too--we always miss the people we love when we're apart, and that's okay! One thing that will make it easier for me when I miss you is to think about the fun time you'll be having at camp. I can't wait to hear all about it!"

Behavior and Discipline:

Disciplinary issues will be addressed with respect for the camper's dignity, and with the goal of helping campers reach their full potential. Whenever possible, consequences seek to hold campers directly accountable for their words and actions (ex: helping to clean up messes or damaged items, conflict resolution mediated by a staff member). Other consequences may include short periods of time withheld from recreational activities such as pool time. Camp staff will never use corporal punishment or speak to children in a way meant to embarrass them or that demeans their value as individuals.

Right to Search: Personal belongings, luggage, backpacks, sleeping space, and pockets are subject to search by the Executive Director, the Camp Director, or a staff person designated by them.

Sending Participants Home: Our disciplinary policy is to first seek a way to invite campers into reconciliation as members of the camp community. However, in extreme circumstances, staff reserves the right to decide that a camper's behavior poses too great a risk to others for them to remain at camp. These behaviors may lead to a youth being sent home: persistent defiance or insubordination that threaten the safety of self or others, actions that threaten the physical or emotional safety of self or others, continued disruption of community life, and disrespect for community and community property.

The following behaviors will result in the participant being sent home: fighting, use of physical violence, blatant disregard for the rights and welfare of others, possession of weapons, drugs, or alcohol, inappropriate sexual activity. At the Executive Director's discretion, and for the safety of other campers, a camper who is sent home for these reasons may be excluded from future camps.

What to Bring (and not bring) to Camp

A note on our electronics policy:

All electronic equipment, including cell phones, smart watches, and personal gaming devices, is to be left at home. Cell phones and any smart devices brought by campers will be confiscated and held in a secure location by the Camp Director, to be returned to campers at pickup on Friday. In the event that a camper drives themselves to camp and needs to bring a phone for security, the phone must be turned in for safekeeping at registration. **Why a screen-free camp?**

Safety and privacy: In addition to our hope that Claggett can be a place free from electronic distraction, **smart phones and devices pose a risk to camper safety and privacy. It is not possible for camp staff to safely supervise social media or device use for all campers.** Phones used after lights-out can be used for campers to communicate with others outside of their sleeping areas, unknown to counselors. Taking photos in sleeping spaces, using apps that tag users' locations, and/or instantly contacting peers or others outside of the camp community while at camp all compromise the privacy of the camper using a device, and potentially of other campers in their vicinity.

Mission: Camp is a place where we strive to be fully present to God and each other. For this reason, we give up some of the familiar comforts of home to live simply in community. In a world where we have constant access to entertainment and information, [screen time has been linked to adverse mental health conditions in young people.](#) and camp provides an opportunity to slow down and focus on what's around us. A screen-free camp allows campers to build closer friendships with other campers, to think in new and creative ways, and to be attentive to their surroundings. It isn't easy to stay engaged with our surroundings this way. We believe it's worth it.

What if I need to reach my camper during the week? Sleepaway camp is a milestone experience for campers and parents alike--a safe environment for children to practice independence. It can be a big step for both campers and families to give up the security of immediate contact. **We ask for your trust in our expertise in creating a safe environment, which includes preventing covert smart device use. It is our honor to be trusted with your camper, and we do not take it lightly. See page 5 for more about communication.**

What about pictures? We are all used to our phones doubling as our cameras, and we encourage taking pictures at camp! We highly recommend planning ahead to go old-school: if there's an old digital camera at home, dig it out of the drawer and send it with your camper! Disposable cameras (yes, you can still buy them!) are another great option--be sure to label with your camper's name.

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Packing List

Please label ALL belongings with your camper's first and last name.

The following items are essential:

- Sunscreen
- Water bottle
- Daypack or string bag for daily essentials (water bottle, sunscreen, etc.)
- Swim towel
- Bath towel
- Toiletries
- Medications **in original packaging**
- Twin sheets
- Sleeping bag
- protective hairstyles (*protect your hair from heat, chlorine, river water, and other elements, and save time in the shower!*)
- preferred period care products (*if applicable*)

Clothing for the week: comfortable, casual, and camp-appropriate.
Please bring at least one set of clothing that can get messy.

- T-shirts, tank tops and long sleeve T-shirts
- Jeans, pants and shorts
- Sleep wear
- Bathing suit (2, *if possible*)
 - *UV protective swim shirt helps if prone to sunburn!*
- Underwear and socks (*extras in case yours get drenched*)
- Raincoat or poncho
- Light jacket/sweatshirt (2)
- Sturdy Tennis shoes/Sneakers/Athletic shoes (no cleats)
- Old tennis shoes/boat shoes/Water shoes or closed-toed swim shoes
- Shower shoes or flip-flops
- Cap or hat with a brim, sunglasses
- Bandanna, headband, hair ties

And these are some things that it can be nice to have:

- Tissues
- Flashlight or headlamp with fresh batteries
- Musical instruments
- Sports equipment or fishing rod
- Journal/book/other activity for downtime
- Stationary and stamped envelopes to write home
- Bible (We have plenty to share!)
- Disposable or digital camera
- White t-shirt or other cotton article of clothing for tie-dye
- edge control or other protective hair products
- photos of your family/ friends

Claggett is not responsible for lost or damaged belongings or valuables. If you are concerned about loss or damage to an item, it is best to leave those items at home. There will be no need for campers to bring or use money at camp.

What Not to Bring

When we come to Summer Camp, we all leave behind some of the comforts of home so that we can focus on our faith, our neighbors, and our surroundings. We also agree to respect the safety of everyone at camp. The following items can interfere with life in community, either by separating and isolating us from one another, or because of inherent dangers. Prohibited items will be confiscated, and parents/guardians will be notified.



Leave these behind:

Skateboards, hoverboards, scooters, sneakers with wheels, and the like;
Electronic games, game cartridges, money, food, gum, cell phones, iPods/Mp3 players, toy guns or fake weapons, ANY medications not in original containers, non-prescription drugs in personal belongings, pocket knives ***tobacco products, including vapes and juuls, *alcohol, *controlled dangerous substances, *illegal drugs, including marijuana, *firearms, *fireworks, *any other type of weapon or illegal item.**

***These items are illegal. If a camper has these in their possession, we will contact in the following order: the local authorities, the camper's parent or guardian, and the priest of the camper's parish, if applicable.**

ADVENTURE CAMP

The following information applies to all campers registered for Adventure Camp!

Adventure Camp is a weeklong experience designed for a small group of 8-12 campers seeking a higher level of physical challenge and an opportunity to learn outdoor skills.

Adventure Campers camp out in tents at our rustic campsite for the entire week (except in the event of severe weather) and spend each day on an outdoor adventure activity: biking, canoeing, a full day on the ropes course, and an overnight hike on the Appalachian Trail on Thursday night. After each day's trip, campers have time to relax at the pool and shower before heading back to the campsite to cook dinner, worship, and gather around the fire.

Adventure Camp is a beginner-friendly, welcoming environment, and a perfect opportunity for those who would like to try out or build new skills in the outdoors. No camping or boating experience is required. Please inform staff if your Adventure Camper is not yet comfortable riding a bike—we can accommodate learners, but it's helpful to plan ahead.



Adventure Campers check in at 4:00 Sunday in the Library of Powell Hall. We'll have a short closing at 4:00 Friday in the pavilion.

What to Bring to Adventure Camp: Clothing, Essential, Optional, and Prohibited items from pages 13-14 are largely still relevant to Adventure Camp, with some exceptions and additions noted below. Please be mindful of space that will be shared in tents.

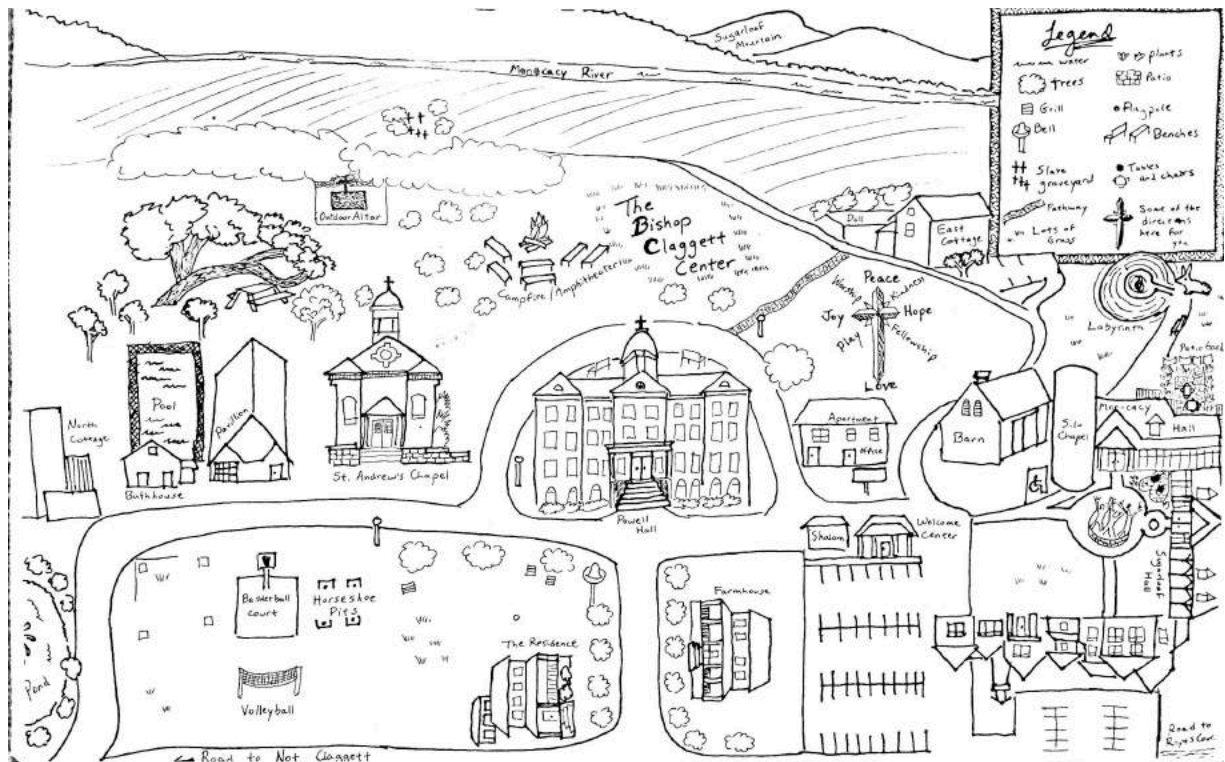
- **All Adventure Campers need a sturdy, large water bottle (we strongly recommend at least 32 oz capacity)**
- Sleeping bag and pillow (twin sheets are not needed). Sleeping pad may be desired.
- **Sturdy backpack or day pack** to hold essentials on trips (sunscreen, water, lunch)
- Campers who have a backpacking pack, life jacket, bike helmet, or other rec equipment are welcome to bring their own if desired. We will have plenty to share!

Junior Counselor Program

Are you a high school camper who would like to be part of creating the “camp magic” for younger campers? Visit our website to learn more and apply to be a junior counselor (“J-staff”)! A few fast facts about eligibility for the junior counselor program:


- Junior staff must have completed 9th grade and be at least two grade levels older than the oldest camper at a session (9th graders may apply to staff Youth Camp, 10th graders and above may apply to staff Middle School Camp).
- Junior staff must be registered to attend High School Camp.
- Junior staff are volunteer members of the counselor team. There is no cost to staff a week as a junior counselor (room and board are provided). If the junior counselor position meets requirements for your school’s service learning hours, we are happy to sign for them.
- A two-night training for all volunteer staff is held each June. Junior staff are required to attend. Makeup trainings can be organized if there are significant conflicts. There is no cost to attend training.
- **Being a junior counselor is an extremely rewarding leadership experience--and different from being a camper!** You can expect to have a lot of fun, grow as a leader, and work hard! Because of the responsibilities and learning opportunities in this role, we take the following seriously:
 - **Applications:** though this is a volunteer role, junior counselors have a position of trust and responsibility for children. A completed application (found on our website) is required, including references. You can contact the camp director if you have questions about the application or choosing references.
 - No experience is required to be junior staff, and in general, all applicants are given the opportunity to volunteer for a week. **Being a junior counselor is a privilege, not a guarantee. Conduct and attitude as a counselor or camper can affect future opportunities**--in other words, being J-staff once does not guarantee placement in the future, and major disciplinary issues as a camper can disqualify you for a junior staff position that year. Junior staff are role models for younger campers, and are expected to take that responsibility seriously.


We can't wait to see you at camp this summer!



This beautiful map was hand drawn by board member and camp alum, Sam Alger. What's your favorite spot at Claggett?

Follow us for pictures, announcements, and more!

 Camps at Claggett

 @campclaggett

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